EARN YOUR LEGACY

WRESTLING

FLOWRESTLING NOTIFICATION GUIDE

A quick guide for parents, coaches, and wrestlers

WHAT CHANGED?

Trackwrestling Classic View is no longer available. To receive notifications for your wrestler, create or sign in to a FloWrestling account and enable notifications for that participant.

CHOOSE YOUR NOTIFICATION METHOD

EMAIL
Free with a FloWrestling account

TEXT MESSAGE
Requires a paid subscription

STEP-BY-STEP SETUP

1. Go to **FLOWRESTLING.ORG** and create an account or sign in.
2. Click **SEARCH**.
3. Enter the **TOURNAMENT NAME** in the **SEARCH BAR** at the top of the page.
4. Select your **EVENT** from the results.
5. Click **PARTICIPANTS**.
6. Search for your **WRESTLER'S NAME**.
7. Click the **BELL** icon to the far right of the participant's name.
8. Select the **NOTIFICATIONS** you want and your available delivery method.
9. Click **SAVE**.

CONFIRM THAT NOTIFICATIONS ARE ON

The bell beside your wrestler's name should be **HIGHLIGHTED** after you save. A highlighted bell indicates notifications are enabled for that participant.

AVAILABLE ALERTS

Bracket Posted | **Mat Assignments** | **On Deck** | **Bout Started** | **Results**

HELPFUL REMINDERS

- Set up notifications the day of the event after weigh-ins.
- Check your email spam folder if you do not see an expected alert.
- Repeat the process for each wrestler you wish to follow.
- Continue to monitor official tournament information for any last-minute changes.